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**Altra Elite Candice Burt Wins**

**Australia’s Delirious WEST 200-Miler**

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(Logan, UT - March 7, 2019) Altra’s elite athlete [Candice Burt](https://www.facebook.com/runcandice/?__tn__=K-R&eid=ARDbGOZrLJXiMEeT_zaasTmcPzeHXFTa9a8jRBBJlBwnIPkNmZ9t1aAmT2vKmptVg6D_vDco-1lF0Tb-&fref=mentions&__xts__%5B0%5D=68.ARAJ3tSwq1P0zAzH5h5JmXkiYM4SYAQYvBQeqSTDHnaeOWrLd9m3zJIsY5qooubUYhXxow_FX6A5UFrdw9QoOsxOH0JogVuV9yH-1skunJntdqMArk-lVpN_OF4SbJyhn6JPwUPs0oawNBFxQLBh0XbfYe07W6ehHLCHg3MQFu0mBf0esz1gTuVmATYW4kpGIklCdoSQHgdRjpa17wA8MxqF5VRar8GYmIBe4l2IkgiaF3C_VTf4gMfu-irsdVCRm5xFCpxvUUfceP4FgqfI3v9-B8ODlDnohuGng2O1hhO1pXJoQG4P9uFPz73rsP2TnNzcoC4XYLjibUe7COUwRGU) won first female and third overall at the [Delirious WEST](http://deliriouswest200miler.com.au/) 200-miler along Australia’s Western Endurance Scenic Trail. Burt finished the race in 72 hours and 55 minutes, taking just two 5-minute naps during the entire race.

Delirious WEST is Australia’s first point-to-point 200-mile race, so it’s fitting that Burt—race director of three 200+ mile races in the US—would run and win. The inaugural race featured 35 competitors racing 200 miles of the brutal but world-famous Bibbulmun Track. The challenging course included many river crossings with kayaks, a ferry boat ride and miles of gorgeous backcountry, beaches and sand along Australia’s southwestern coast.

Burt’s shoe of choice was the [Altra Timp 1.5](https://www.altrarunning.com/shop/women/timp-15-alw1957f?variationId=253#hero=0)—a high cushioned trail shoe made to effortlessly tackle ultramarathons.

“I finished the Delirious WEST 200-Miler,” Burt said. “Immediately after I felt so wired from being up for three nights that I wasn’t sure how I’d get some sleep, but sleep came easily. My legs actually didn’t hurt too bad, there was some stiffness but not injury or pain. I was walking normally 24 hours after finishing. My feet were really good, albeit for a blister under my big toe from kicking roots. Thanks to Altra’s Timp 1.5 for keeping my feet happy and f-you roots for biting my toe so many times! Overall, I’d say WOW, recovery has been far easier and faster than expected. I can’t wait to do another 200+ mile race!”

Be sure to follow the [Team Altra Facebook](https://www.facebook.com/TeamAltra/) page to stay updated on Burt’s accomplishments along with Altra’s Elite and Red Team athletes.

**About Altra**

While working at a running store, Altra founder Golden Harper was frustrated that modern running shoe technology caused poor running form and had not decreased running injuries. His passion to create a shoe that followed the science produced Altra’s FootShape™ toe box, Zero Drop™ platform and Fit4Her™ female-specific shoes. Since its founding in 2011, Harper and co-founder Brian Beckstead have grown Altra from one to 30 shoe styles, winning multiple Editor’s Choice awards and distribution in more than 60 countries. Join the conversation @AltraRunning and #ZeroLimits on Twitter, Instagram and Facebook.

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Photo courtesy of Sharon C